We warmly welcome you to the Luminous Spa where you can detach yourself from busy city life and enjoy serenity through pampering while leaving your hectic daily routine behind. With a beautiful panoramic view and integrated spa design you can sense and feel the tranquility of nature all around. Our secret recipes will brighten your soul, redefine your body shape and shine pure light into your mind.

**SPA ETIQUETTE**

**Appointment Information**
We recommend that you make a reservation in advance to ensure that your preferred time and service is available.

**Arrival Time**
In order to attain the most from your spa experience, please arrive 15 minutes prior to your schedule appointment, so that we could deliver all necessary pre-service information and for you to relax and enjoy the facilities at Luminous Spa.

Please be advised that late arrivals may result in a reduction of treatment time as each session will be finished exactly on time as a courteses to the next client.

**Children**
Children are not allowed at the spa unless accompanied by an adult.

**Cancellation Policy**
4-hour cancellation or rescheduling notice is required for all services. Rescheduling of appointments is subject to space availability. Any cancellation with less than 4 hours’ notice will incur a 50% cancellation fee. A full charge will be imposed for a ‘no-show’.

**Peaceful Environment**
Your time at Luminous Spa is for relaxation. We ask that you respect other guest’s privacy by speaking softly. Please turn off your mobile phone upon entering the spa.

**Personal Belongings**
We recommend that you leave your personal belongings at your room. Lockers are provided; however we regret that we cannot be responsible for loss or damage of personal articles.

**Pregnancy**
For safety of your unborn child, use of the spa is not advised during pregnancy.

**Prohibition**
Smoking and the consumption of alcohol within the spa are prohibited.

**Health Conditions**
If you have low/high blood pressure, heart conditions, skin allergies, or other medical complications, we advise that you consult your doctor before reserving our spa appointments. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.
### SPA PACKAGES

**Luminous Signature**
150 minutes / THB 4,490

Beginning with Luminous Signature Massage & followed by Luminous Signature Facial. Ideal for normal skin, maintaining moisture level, and bringing skin radiance strengthens skin’s lipid to help prevent moisture loss with Luminous Spa.

<table>
<thead>
<tr>
<th>Service</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luminous Signature Massage</td>
<td>90 minutes</td>
</tr>
<tr>
<td>Facial Treatment by Qi Shiseido (Select one)</td>
<td>60 minutes</td>
</tr>
<tr>
<td>Mineral or Milky Bath</td>
<td>15 minutes</td>
</tr>
<tr>
<td>Body Scrub</td>
<td>30 minutes</td>
</tr>
<tr>
<td>Body Massage (Select one)</td>
<td>60 minutes</td>
</tr>
<tr>
<td>Facial Treatment by Qi Shiseido (Select one)</td>
<td>75 minutes</td>
</tr>
</tbody>
</table>

**Rejuvenate**
180 minutes / THB 4,890

Rejuvenate yourself with a combination of whole body treatment with a choice of body scrub & relax in mineral or milky bath. A choice of body massage & facial treatment to complete the wonderful experience. Leaving you feel fresh from top to toe.

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**Ultimate Bliss**
135 minutes / THB 2,990

Designed to reveal healthy and beautiful skin. Package starts with body scrub to remove dead skin cell, followed by body wrap to nourish your skin. Finishing touch includes your choice of body massage to enhance blood circulation and make your skin glow.

<table>
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</thead>
<tbody>
<tr>
<td>Steam or Sauna</td>
<td>15 minutes</td>
</tr>
<tr>
<td>Body Scrub</td>
<td>30 minutes</td>
</tr>
<tr>
<td>Body Wrap</td>
<td>30 minutes</td>
</tr>
<tr>
<td>Body Massage (Select one)</td>
<td>60 minutes</td>
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<tr>
<td>Thai Massage</td>
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<tr>
<td>Aromatherapy Massage</td>
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<tr>
<td>Swedish Massage</td>
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<tr>
<td>Deep Tissue Massage</td>
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</table>
BODY MASSAGE

Luminous Signature Massage
90 minutes / THB 2,590

Our signature massage to drift away your tension while enjoying this unforgettable experience with traditional Thai massage combines with aromatherapy massage using Luminous warm aroma oil. Leave your alleviate muscular aches and feeling completely restored.
MASSAGES

THAI TOUCH

* Thai Massage
  60 minutes / THB 1,290
  90 minutes / THB 1,690

Traditional Thai Massage works on the theory of intrinsic energy flow and energy balance to promote better health. This massage concentrates on the application of pressure to distribute energy release blockages and stretch the muscles, leaving the body relaxed and energetic.

Thai Herbal Compress Massage
120 minutes / THB 2,490

This traditional massage features a warm herbal poultice to soothe muscles. This massage is effective for alleviating sore muscles, arthritis, or stress.

MUSCLE RELAXER

* Swedish Massage
  60 minutes / THB 1,490
  90 minutes / THB 1,990

The strong rhythms massaging techniques help to increase blood circulation and boost up the immune system. Highly recommended for athletes or sportsperson.

Deep Tissue Massage
60 minutes / THB 1,490
90 minutes / THB 1,990

Perfect for athletic individuals who require body work. Helps to release muscle tension and increase joint flexibility. This massage focuses on individual muscle groups using deep compression and stroke.
<table>
<thead>
<tr>
<th>Service</th>
<th>Duration</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luxury Foot Massage</td>
<td>60 minutes</td>
<td>THB 890</td>
</tr>
<tr>
<td></td>
<td>30 minutes</td>
<td>THB 590</td>
</tr>
<tr>
<td>Healing Back Massage</td>
<td>45 minutes</td>
<td>THB 890</td>
</tr>
<tr>
<td>Head &amp; Shoulder Massage</td>
<td>30 minutes</td>
<td>THB 690</td>
</tr>
<tr>
<td>Arm &amp; Hand Massage</td>
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<td>THB 690</td>
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Reflexology is an ancient medical way of healing with pressure applied to soles of your feet. It helps to soothe energy blockages. It helps to remove stress & enhance the circulation. The body is allowed to return to a state of perfect balance.

Focuses on stressed muscles particularly on the back, shoulder, neck, and head. Ease away chronic aches and release tension.

Head & shoulder massage soothes away tensions in your upper body, break down knots and improve flexibility. It helps to relieve headaches by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energized.

Provide relief for people who spend hours on devices. It helps to relieve stress, pain and discomfort in the arms, hands, and wrists. A massage also resolves issues related to arthritis and poor blood circulation.
Aromatherapy Massage
60 minutes / THB 1,490
90 minutes / THB 1,990

Aromatherapy massage combines the use of essential oils and therapeutic massage to promote a feeling of well-being and relaxation. It will loosen your muscles and release any suppressed tension in your body, mind and soul.

- Calm Down  (Jasmine, Rose, Ylang Ylang)
- Leelawadee  (Frangipani)
- Rejuvenate  (Peppermint, Rosemary, Lavender)
- Relaxation  (Lavender, Neroli, Cedarwood)

Kid Massage with Natural Oil
60 minutes / THB 1,190

Especially for kid from 3 - 10 years old. It helps children relax and learn to calm themselves and be able to manage stress better. It also helps to relieve depression and anxiety.
B O D Y  S C R U B &  W R A P

Choice of Body Scrub
60 minutes / THB 1,990
(Steam or Sauna : 15 mins / Body Scrub : 30 mins / Moisturizing Massage : 15 mins)

Exfoliate the skin, removing dead skin cells and brightening tone and texture, leaving you looking and feeling radiant.

  Nourishing    Detoxifying    Revitalizing    Brightening

Choice of Body Wrap
60 minutes / THB 1,990
(Steam or Sauna : 15 mins / Body Wrap : 30 mins / Moisturizing Massage : 15 mins)

Revitalizes your skin and regain the glow. Spread a herbal paste over your entire body, and immerse yourself in a full body wraps.

  Moisturizing/Soothing    Brightening
FACIAL TREATMENTS
by Qi Shiseido

Rejuvenating
75 minutes / THB 2,950

Protect skin from dark spots, freckles, melasma, and uneven skin tone with a special cool mask combined with sea plants extract, which helps balancing Melanin pigment. It results in the smooth and radiant skin.

Anti-Aging
90 minutes / THB 3,150

The ultimate treatment for a total turnaround for skin. Revive the skin youthfulness. Re-activate the firmness, and reduce the signs of aging,
FACIAL TREATMENTS
by Qi Shiseido

Extra Moisturizing
60 minutes / THB 2,550
For Dry Skin
Enhance blood circulation. Alleviate excess dead cells with the kind of mask providing skin with moisture. Provide dewy moisture to keep skin firm, supple and resilient.

Balancing Combination
60 minutes / THB 2,550
For Combination Skin
Normalize cell turnover with the mask to balance and enhance physiological functions of skin. Produce a bright, supple and resilient skin.

Sensitive Skin
60 minutes / THB 2,550
For Sensitive Skin
Help improving and balancing the PH level of skin with the lotion mask. Mildly protect skin from oxidation without allergy. Help alleviating skin fatigue.

Sebum Control
60 minutes / THB 2,550
For Oily Skin
An extremely refreshing treatment to help control the level of sebum on the skin and make it well-balanced. With the freshly cool mask, the skin will feel all refreshed, light, and comfortable.
SALON & SERVICES

Additional Service Add In’s

♦ Any Choice of Body Scrub (30 minutes)  THB 550
♦ Mineral or Milky Bath (30 minutes)  THB 550
♦ In-room Service Fee  THB 100

Extra Service

♦ Steam or Sauna  THB 550

Salon Treatments

♦ Basic Manicure Spa (60 minutes)  THB 1,000
♦ Basic Pedicure Spa (60 minutes)  THB 1,200
♦ Manicure Spa (90 minutes)  THB 1,500
♦ Pedicure Spa (90 minutes)  THB 1,500
♦ Nail Polish  THB 300
♦ Shampoo & Blow Dry  THB 300
♦ Moisturizing Treatment  THB 1,600